BARCROFT BUDDIES

WEEKLY MENUS

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches Crisps	Pizza Chips	Pasta & Sauce	Chicken / Veg Curry & Rice	'Picky Tea' Toast, sandwich, snacks

WEEK TWO

Beans/ Spaghetti on Toast	Chicken in White Sauce & Rice	Hot Dogs	Chicken / Ham Pittas & Crisps	'Picky Tea' Toast, sandwich, snacks

WEEK THREE

Make our own Sandwiches	Soup with Bread & Butter	Noodles	Chicken, Ham or Cheese wraps	'Picky Tea' Toast, sandwich, snacks

Vegetarian alternatives are available on all snacks.

Speak to Buddies staff with any dietary requirements or allergies.